

MEDICAL SERVICES

Helpful Hints from the PH Resource Network
Education Committee

**Creating Effective Medic Alert
Identifiers for PH Patients**



Medic Alert Identifiers convey critical health information and assist emergency responders and medical professionals, who are trained to look for such information, allowing them to provide safe and immediate treatment in the event of an

emergency. These identifiers are recommended for PH patients due to the complex treatment that many receive. Medic Alert Identifiers can take the form of a bracelet, pendant or tag and can be ordered online at www.medicalert.org. PHA also offers an informational packet and Medic Alert Identifier ordering form, which can be sent to patients free-of-charge. Contact PHA at 301-565-3004 x0 for more information.

If you are on infusion therapy (IV Flolan or IV Remodulin or SQ Remodulin), consider the following language for your medic alert identifiers:

- Pulmonary Arterial Hypertension
- Do Not Stop Pump
- On Sildenafil — No Nitrates (if applicable)
- Takes Coumadin (if applicable)

If you are on non-infusion therapy, consider the following language for your medic alert identifiers:

- Pulmonary Arterial Hypertension
- On Sildenafil — No Nitrates (if applicable)
- Takes Coumadin (if applicable)

Talk with your PH nurse for specific advice as to what should be included on your identifier.

These tips were developed by the Education Committee of the PH Resource Network. For more information about PH Resource Network, please go to the PH Resource Network website at www.PHAssociation.org/PHRN. More tips can be found online at www.PHAssociation.org/Learn/PH_Tips.